

Education & Ice Cream

Medical Cannabis

Tuesday, October 16, 6:00 p.m.

Dr. Craig Hauser, who oversees Kannavis: A Premier Medical Cannabis Dispensary, will discuss the medicinal benefits of cannabis and how it might impact the aging process both physically and mentally.

Outsmart the Scammers

Tuesday, November 20, 6:00 p.m.

Learn the basics: protect personal information; be cautious online; protect your credit information; and be diligent with compromised accounts. David M. Baker, Financial Advisor, from Edward Jones Investments will be the presenter.

Dementia Live

Tuesday, December 18, 6:00 p.m.

Increase your insight and sensitivity to people with dementia. This dementia simulation program includes a short presentation and a simulation activity. The activity uses adaptive equipment to simulate what it is like to have dementia. The program is designed for the general public, family, caregivers, and professionals.

Before each free program there will be an optional fried chicken dinner at 5:15 p.m. for \$5.00. Reservations due 48 hours before each program date.

Urbana Senior Center

Offering fitness, enrichment & social opportunities for 50+ 301-600-7020 9020 Amelung Street, Urbana, MD 21704

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